



NIMHANS Digital Academy

## CERTIFICATE COURSE IN LAY COUNSELLING

Department	Department of Psychiatry
Minimum requirement for admission	Diploma/ Bachelor's from any recognized University with knowledge of Computers and English.
No. of Seats	80-100 seats per batch
Duration of the Course	(28 hours online training + 12 hours on-site observer ship) spread over 4 months
Mode	Hybrid
Commencement of Course	Thrice per year
Fee	INR 2000/-
Brief Description of the Course	This is a hybrid program designed for training lay counsellors in providing psychological first aid for the mentally distressed in the community. The program will cover topics related to recognizing common psychiatric and mental health in the community, providing counselling and identifying potential cases for referrals to specialists.
Course Coordinator & Contact details	Dr C Naveen Kumar, Professor of Psychiatry Email: <a href="mailto:ndainfo@nimhans.ac.in">ndainfo@nimhans.ac.in</a>
How to Apply?	Online application will be available on the website, once the notification is issued.
Selection Process	The applications received will be reviewed by the designated committee and those who have fulfilled the criteria will be sent a link for the payment of prescribed fee.