



NIMHANS Digital Academy

## DIPLOMA IN PSYCHOLOGICAL WELL-BEING IN TAMILNADU POLICE

Department	Department of Psychosocial Support in Disaster Management
The minimum requirement for admission	Master trainers of the Police Wellbeing Programme
No. of Seats	40 seats per batch
Duration of the Course	64 hours spread over 6 months
Commencement of Course	November
Fees	Rs. 1500/-
Brief Description of the Course	The Police Well-being Programme is based on the MoU between the Government of Tamil Nadu, the Police Department and NIMHANS, Bengaluru. The Diploma in Psychological Well-Being (DPW) course is to enhance the understanding of the concept of well-being for police personnel, stress experienced in various spheres of life among police personnel and strategies to manage stress effectively. The Diploma is also a stepping stone for the institutionalization of the programme, where the trained workforce would be earmarked for rendering police welfare-related services in the respective Districts and Commissionerates
Course Coordinator & Contact details	Dr. Jayakumar Associate Professor Department of Psychosocial Support in Disaster Management (DPSSDM) <a href="mailto:jaipsy@gmail.com">jaipsy@gmail.com</a>
Faculty	Dr. K. Sekar Technical Consultant, DPSSDM, NIMHANS Dr. C. Ramasubramanian, State Nodal officer, Police Wellbeing Programme Dr. Prabhakaran T Consultant, Magizshi Programme Dr. Jayakumar C Associate Professor, DPSSDM, NIMHANS Dr. Hemath Bhargave, Asst. Professor, NICY Dr. M. Kannan, Assistant State Nodal officer, Police Wellbeing Programme Dr. Dinakaran, Asst. Professor, DPSSDM, NIMHANS Dr. Balashanthi, Consultant, DPSSDM, NIMHANS Prof. Gurubharathi, Principal, MSCTRF Training Institute Dr. M. Selvi, Consultant, MSCTRF Training Institute Dr. R. Selvi, Consultant, MSCTRF Training Institute Dr. Patrick Jude, Assistant Professor, Christ University.



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	Mr. Raghu, Nursing Officer, NIMHANS Mr. Rajamanikandan Project Manager, DPSSDM, NIMHANS Ms. Nithi CP, DPSSDM, NIMHANS
How to apply?	Only the nominated personnel from the Police Department of the Government of Tamilnadu
Selection process	Only the nominated personnel from the Police Department of the Government of Tamilnadu