



NIMHANS Digital Academy

## CERTIFICATE COURSE ON MOTIVATIONAL INTERVIEWING

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|---------------------------------------|---|
| Department                            | Centre For Addiction Medicine   |
| The minimum requirement for admission | Nurses ( B.Sc Nursing GNM Nursing), Psychologists ( MA/M.Sc Psychology), Psychiatric Social Workers (MSW or above)  |
| No. of Seats                          | 30  |
| Duration of the Course                | 30 hours spread over 5 months   |
| Commencement of Course                | Once in a year  |
| Fees                                  | 3000 INR  |
| Brief Description of the Course       | This is an online course aimed at improving the skills of motivational interviewing in the participants. The course deals with equipping the participants with the skills to recognize the motivation stage of the client, describing the key principles to engage for each motivational stage, and formulating effective strategies that will increase the likelihood of positive health-related outcomes. |
| Goals                                 | <ol style="list-style-type: none"><li>1. Recognize the motivation stage of the client/patient</li><li>2. Describe key principles to engage for each motivational stage</li><li>3. Formulate effective strategies that will increase the likelihood of positive health-related outcomes.</li></ol>   |
| More details                          | <a href="https://vknnimhans.in/coming-soon-motivational-interviewing-a-certificate-programme-nimhans-digital-academy/">https://vknnimhans.in/coming-soon-motivational-interviewing-a-certificate-programme-nimhans-digital-academy/</a>   |
| Course Coordinator & Contact details  | Dr Prabhat Chand<br>Consultant Psychiatrist   |
| Faculty                               | Dr Lekhansh Shukla<br>Dr Jayant M<br>Dr Prabhat Chand,<br>Dr Arun K<br>Dr Vivek Benegal   |
| How to apply?                         | Once the advertisement is out, the application will be available online on the website.   |
| Selection process                     | After the expression of interest is filled, the institution will review the application and those who have fulfilled the criteria will be sent a link for the payment.  |