



NIMHANS Digital Academy

CERTIFICATE COURSE IN PERINATAL MENTAL HEALTH

Department	Department of Psychiatry
The minimum requirement for admission	Doctors, including Psychiatrists & Obstetricians, Obstetric or Psychiatric Nurses, Clinical Psychologists and Psychiatric Social Workers
No. of Seats	30-35 seats per batch
Duration of the Course	40 hours approximately spread over 2 months
Commencement of Course	First working Friday of July every year
Fees	Rs. 2500/-
Brief Description of the Course	<p>The mental health of women during pregnancy and postpartum can have a significant impact on the overall health of the mother as well as the infant. Mental health disorders during pregnancy and postpartum need to be assessed and managed with a focus on the mother-infant dyad. It is important to sensitize health professionals to perinatal mental health issues, which would aid in the easy and early Identification and treatment of various mental health disorders during the perinatal period. Hence this course has been planned by the Perinatal Psychiatric Service team of NIMHANS to sensitize all the professionals who work with the perinatal population.</p>
Course Coordinator & Contact details	<ol style="list-style-type: none">1. Dr Geetha Desai Professor, Department of Psychiatry2. Dr Rashmi Arasappa, Associate Professor, Department of Psychiatry3. PDF in Women's Mental Health Email: perinatalnimhans@gmail.com
Faculty	<ol style="list-style-type: none">1. Prof Prabha S Chandra, Dean, Behavioural Sciences, Head Perinatal Psychiatry Services2. Dr Geetha Desai, Professor, Department of Psychiatry3. Prof Harish Thippeswamy, Professor, Department of Psychiatry4. Dr Sundarnag Ganjekar, Additional Professor, Department of Psychiatry5. Dr Rashmi Arasappa, Associate Professor, Department of Psychiatry6. Dr Jayant Mahadevan, Assistant Professor, Department of Psychiatry7. Dr Thomas Kishore, Additional Professor, Department of Clinical Psychology8. Dr Veena Satyanaryana, Additional Professor, Department of Clinical Psychology



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	9. Dr Kimneihat Vaiphei, Assistant Professor, Department of Psychiatric Social work
How to apply?	Once the advertisement is out, application will be available online in the website.
Selection process	After the expression of interest is filled, the institution will review the application and those who have fulfilled the criteria will be sent a link for the payment.